

Project to Reduce the Impact of Medication wastage on Environment in Community Care (PRIME) Matching Donors with Recipients to Reduce Medication wastage (MedMatch) PRIME\_MedMatch



### Meet Our Multidisciplinary Tripartite Team



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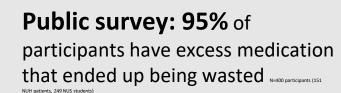
Eugene Lim Community Health Pharmacist, TTSH



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### **Problem statement**

Unused medications are a major source of wastage in healthcare systems!



My doc changed my blood pressure meds.. What should I do with my old medicine?

4-5 JULY 2024 VOVATE SUSTAINABILITY IN HEALTHCARE My father just passed away; how can I deal with these medications? **91% were reusable**, providing a total of \$\$5266 in cost savings (over a 3 months period)

Toh MR, Chew L.*Palliative Medicine*. 2017;31(1):35-41. doi:<u>10.1177/0269216316639798</u>



Public Perception of reusing donated medication Currently, no avenues for reuse...

**89%** of participants were willing to donate their unused medicine in good conditions.  $N=700^{\circ}$ 

**61%** are willing to use medication that has been dispensed to others. N=59

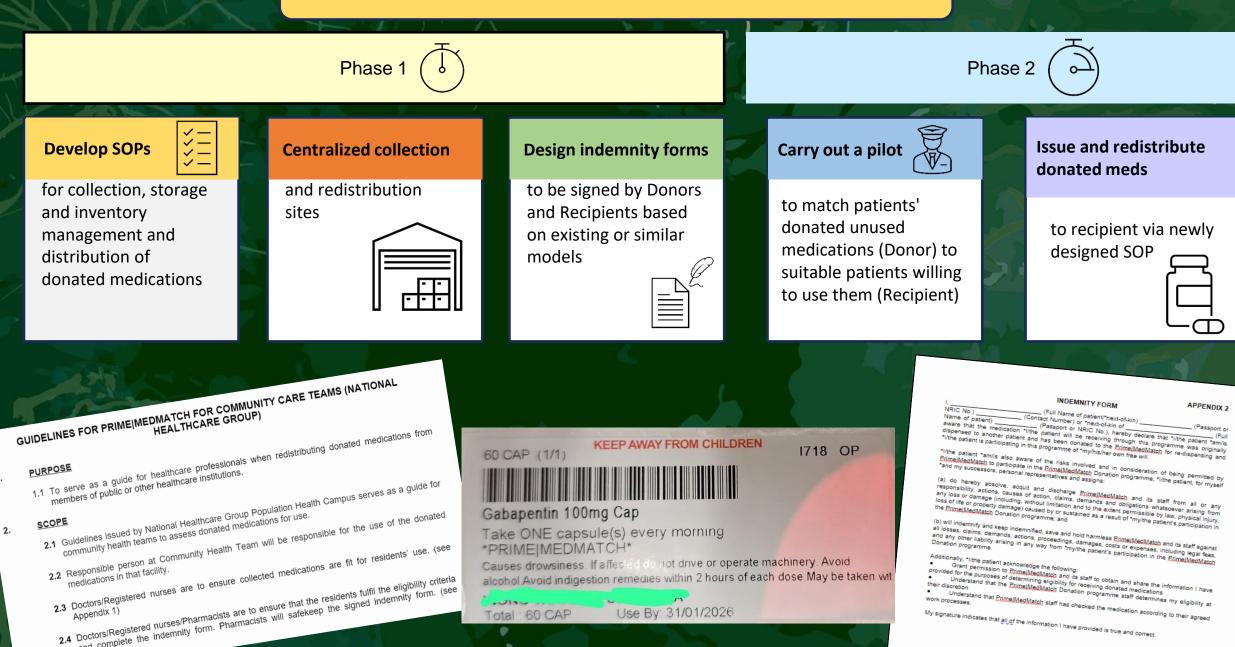
94% were willing to use donated medications of good condition if the cost of the medications is >\$2k per month  $_{N=67 \text{ public}}$ 



**89%** of respondents **expressed confidence in reuse of donated medications** if HCPs put in stringent checking procedures to ensure the safety and efficacy.

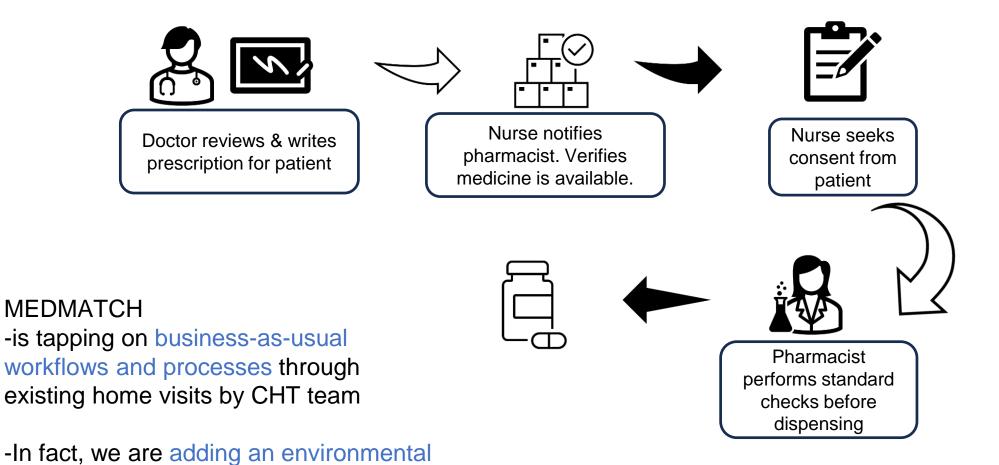
**Prescription needs, financial needs and drug availability** are **main consideration factors** for redistribution of unused medications.

### Our Solution: MEDMATCH



# How MEDMATCH works?

value to the CHT home visit

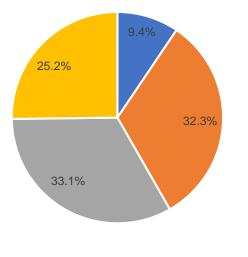


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# **MEDMATCH Pilot results**

### **Donated** medications collected from 10 patients = total of **\$3722.05** cost savings

Carbon Footprint Classification of Donated Medications



High 
 Low 
 Medium 
 Not available

Determined with Medicine Carbon Footprint (MCF) formulary <u>https://formulary.yewmaker.com/</u>

week period
 successful matches
 \$116.30 in cost savings
 Medium carbon footprint savings

HCP: "I think it should be done. No reason to waste medication. Will need disclaimer for people picking up these medicine to accept as it is"

# Successful matches

- Senna
- Lactulose
- Omeprazole
- Gabapentin

Patient 1: "Can reduce waste and cost, why not?"

Patient 2: "I will be okay if checks are done by professionals or pharmacists"

### Impact of PRIME\_MedMatch



### ENVIRONMENTAL

Reduce pharmaceutical waste

Reduce carbon footprint associated with manufacturing new medications

Reduce environmental pollution due to pharmaceuticals





### SOCIAL

Make healthcare more accessible by enhancing access through redistribution of medications to those in need

Improve public health outcomes and promoting health equity

### ECONOMIC

PRIME | MEDMATCH

Reduce wastage of surplus medications at organizational and individual level

Reduce healthcare costs by providing redistributed medications to those in need

Alleviates financial pressure on healthcare systems and patients



# Scaling and Nailing PRIME\_MedMatch (Phase 3)

#### **Longevity of Solution**

- Expand to high-cost medications (e.g. oncology/ transplant medications)
- Expand Recipient pool to the region e.g. Through NGOs
- Obtain endorsement to legalize the safe reuse of donated medications
- **Charge nominal fee** for matching, storage and transport to recipients for legalized facility
- Run MedMatch service in Singapore enabled by Digital Platform

#### Key Enablers



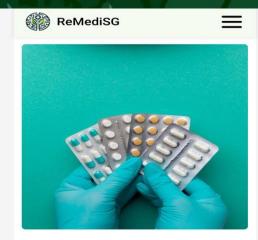
Digital Platform for MedMatch



Drug Inventory & Labelling System



Regulatory body endorsement



Give Your Unused Medications Help those in need by donating your unexpired medications.

For Healthcare Providers

Steps to Donate Medications



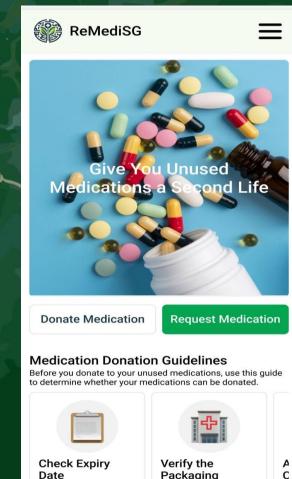
Step 1. Review Medication Inventory Identify surplus meds



Step 3. Schedule Pickup



Step 4. Verify Donation

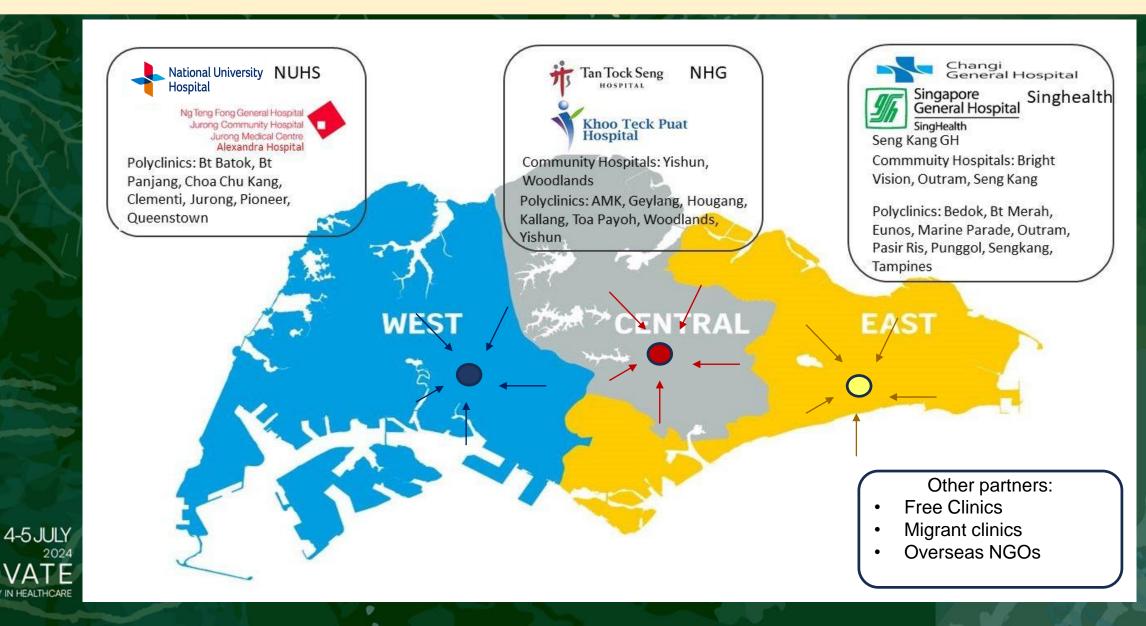


Packaging Ensure medications are sealed and intact

Make sure medications

are unexpired

## Scaling and Nailing PRIME\_MedMatch (Phase 3)





### Vote for us! PRIME\_MedMatch Pte Ltd

Team Composite:









Trust

How to ensure medication safety for pilot trial

Guidelines for handling of donated unused medications (clinical governance is specific to cluster/ institution)

> **Checklist** for checking of donated medication by pharmacists

Proper Storage Observed at patient home by TEAM; Proper storage and inventorization of donated medication

> Matching workflow carried out by healthcare professionals

Acceptance

Indemnity form signed by willing recipients of donated medications





Guidelines for handing donated medications

### GUIDELINES FOR PRIME/MEDMATCH FOR COMMUNITY CARE TEAMS (NATIONAL HEALTHCARE GROUP)

#### PURPOSE

1.

2.

4-5JULY

1.1 To serve as a guide for healthcare professionals when redistributing donated medications from members of public or other healthcare institutions.

#### SCOPE

- 2.1 Guidelines issued by National Healthcare Group Population Health Campus serves as a guide for community health teams to assess donated medications for use.
- 2.2 Responsible person at Community Health Team will be responsible for the use of the donated medications in that facility.
- 2.3 Doctors/Registered nurses are to ensure collected medications are fit for residents' use. (see Appendix 1)
- 2.4 Doctors/Registered nurses/Pharmacists are to ensure that the residents fulfil the eligibility criteria and complete the indemnity form. Pharmacists will safekeep the signed indemnity form. (see Appendix 2)



Checklists



APPENDIX 1

**APPENDIX 2** 

CHECKLIST ON RECIPIENT ELIGIBILITY FOR PRIME|MEDMATCH

#### CHECKLIST ON COLLECTION OF UNUSED MEDICATIONS FROM DONORS

#### YES CRITERIA NO REMARKS CRITERIA YES NO REMARKS Does the patient have an existing CHT H2H package of at least 2 weeks? Do supplied medications have an expiry date of at least 3 months? 2 Does the patient have a valid prescription from a CHT doctor? Are the supplied medications in its original packaging (i.e. unopened bottles or blister strips)? 3 Has the patient signed on the indemnity form? Are the medications in good condition (i.e. no leakage or discolouration) based on visual inspection? Are the batch number clearly visible on the medications packaging (e.g. blister strips?) Are the medications under any of the following categories: Eye/nose/ear drops or ointments (opened) Creams/ointments (opened) ii. iii. Mixtures/Syrups (opened) Gargles/Inhalers (opened) iv. Loose tablets/capsules (opened) V. vi. Fridge items Cytotoxic drugs vii. Controlled drugs and Benzodiazepines viii. If Yes for any of the above, please dispose accordingly. \*Please note list is not exhaustive. If in doubt, dispose.



### Indemnity Form

Patient verbatim: "Form is okay"

#### INDEMNITY FORM

I	(Full Name of patient/*next-of-kin)	(Passport or
NRIC No.)	(Contact Number) or *next-of-kin of	(Full
Name of patient)	(Passport or NRIC No.), hereby declare that *I/t	he patient *am/is aware

that the medication \*I/the patient will be receiving through this programme was originally dispensed to another patient and has been donated to the Crimal Med Match for re-dispensing and \*I/the patient is participating in this programme of \*my/his/her own free will.

\*I/the patient \*am/is also aware of the risks involved and in consideration of being permitted by <u>Brine/MedMatch</u> to participate in the <u>Brine/MedMatch</u> Donation <u>programme</u>, \*I/the patient, for myself \*and my successors, personal <u>representatives</u> and assigns:

(a) do hereby absolve, acquit and discharge <u>PrimelMedMatch</u> and its staff from all or any responsibility, actions, causes of action, claims, demands and obligations whatsoever arising from any loss or damage (including, without limitation and to the extent permissible by law, physical injury, loss of life or property damage) caused by or sustained as a result of \*my/the patient's participation in the <u>PrimelMedMatch</u> Donation <u>programmer</u>, and

(b) will indemnify and keep indemnified, save and hold harmless <u>ErimalMedMatch</u> and its staff against all losses, claims, demands, actions, proceedings, damages, costs or expenses, including legal fees, and any other liability arising in any way from "my/the patient's participation in the <u>ErimalMedMatch</u> Donation <u>programme</u>.

Additionally, \*I/the patient acknowledge the following:

 Grant permission to <u>BrimalMedMatch</u> and its staff to obtain and share the information I have provided for the purposes of determining eligibility for receiving donated medications

 Understand that the <u>Prime Med Match</u> Donation programme staff determines my eligibility at their <u>discretion</u>

 Understand that <u>Primal MedMatch</u> staff has checked the medication according to their agreed work processes.

My signature indicates that all of the information I have provided is true and correct.

Signature

Date

In the presence of:

Signature of Witness

Name & Passport/NRIC No. of Witness

\*Please delete accordingly.

Is the patient allergic to any medication? Yes/ No

#### If yes, please list out the allergies:

Has the patient/next-of-kin verified the allergies? Yes/ No

Name of redistributed medication	Batch Number	Expiry Date	Quantity

National Board Pharmacy, American Medical Association has regulations in place to allow re-dispensing of oral chemo too

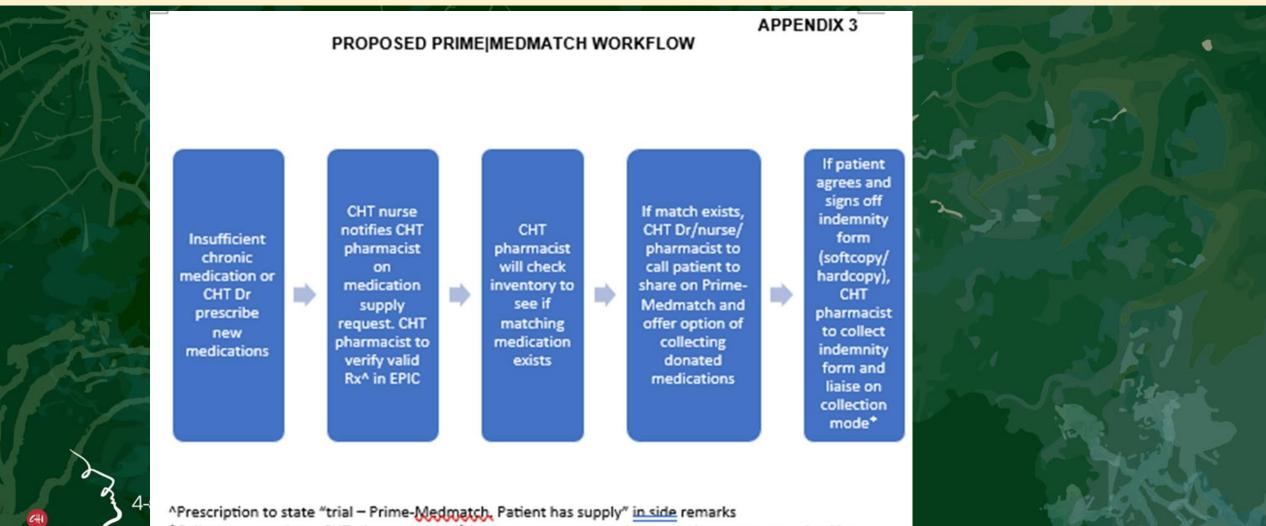
#### GOOD SAMARITAN DRUG AND MEDICAL SUPPLY DONATION ACT

#### American Legislative Exchange Council

The purpose of this Act is to **encourage the donation of** medical supplies and **drugs** by the private sector to nonprofit organizations for distribution **to needy individuals without the threat of liability**. The Act protects a person, corporation, partnership, organization, association, or governmental entity from the civil or criminal liability arising from the nature, age, packaging, or condition or drugs or medical supplies that the entity donates in good faith to a nonprofit organization for ultimate distribution to needy individuals. The immunity would not apply to an injury to or death of a recipient that shall result from an act or omission of the donor constituting gross negligence or intentional misconduct.



### **PRIME | Medmatch Work Process** Pilot Trial



^Prescription to state "trial – Prime-Medmatch, Patient has supply" in side remarks \*Collection modes: CHT home visit (if there are any other requirements eg, checking compliance/pillbox packing, blood draws etc) or self-collection at TTSH



### Scaling up (Phase 3)

Strategies for PRIME\_MEDMATCH sustainable value

- Optimize logistics: work with logistics partner to optimize delivery routes, match delivery with home visit (if applicable)
- Use renewable energy vehicles
- Use sustainable packaging in repacking of donated medications
- Implement digital solutions to track and reduce carbon footprint through data analytics
- Educate stakeholders involved in program about sustainable practices

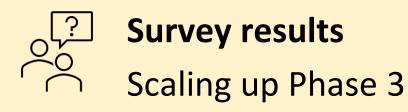




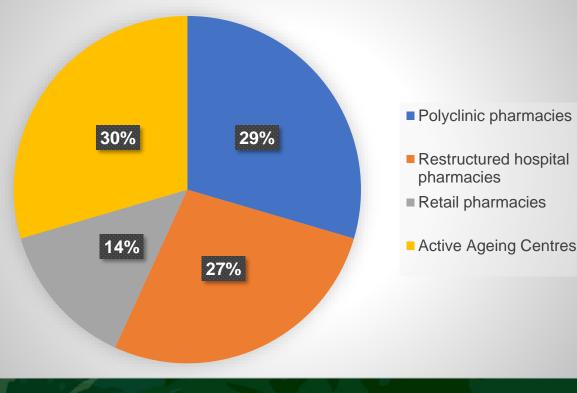
Medication management to be governed by clinical governance specific to clusters (optimized through geographical segmentation)

- **Centralised** locations for collecting donated medications
- Nominal fee from recipients to defray operational costs

Free clinics, hospices, and migrant clinics were willing to use redistributed **unused medication with 1 to 3 months of shelf life**, if in good condition.



Donation sites perceived to be accessible (n=16)





How can the public benefit from donations? Lower cost or free medication for the elderly and low-income individuals? Environmental concerns alone aren't enough for me to go out of my way to donate.

> I would be interested to donate but haven't found the opportunity. How can we ensure that all donated medication has been **properly stored**, **including during transport** to the donation point?

I always thought it was wasteful that unopened and unexpired medication **couldn't be accepted locally**. These could help those in need, especially when medication is expensive.

Survey on community patients, May 2024

Willingness to pay a nominal fee for receiving donated medications (n=15)

40%

Yes, I do not mind paying a nominal fee if it is less than the actual cost of the drug(s)



### Scaling up (Phase 3)

### Longevity of solution

### Integration plan for the solution with Business-as-usual needs

- Improve health literacy of public (knowledge of balance meds at home) and encourage appropriate HCP prescribing habits
- Strategies to **increase trust** amongst general public to the use of donated medications
- Change management: Collection of suitable donated medications via checklists, workflow changes for HCP Future model: Self- help digital platform @ MedMatch for patients to place request. MedMatch will match request with available donated medications > improves access and efficiency

Q2 '24

4-5JULY

5 year plan

3 year 03 plan

02

Here

Now!

1 year

plan

#### PRIME MEDMATCH

#### **Envisioned final goal**

- Run MedMatch service in Singapore, staffed by Pharmacists and Pharmacy support staff.
- **Charge nominal fee** for matching and storage to donees. **Expand to high-cost medications** (e.g. oncology/ transplant medications)

Expand collaboration with overseas partners

Explore export of donated medications to needy countries via NGOs

#### Expand local collaboration with community partners and PHIs

- **Collaborate with** community partners (senior activity center, RC) to deposit unused medications and nurse l as collection sites
  - Work with PHI (ALPS) or GP to divert short expiry medications for donations to reduce write offs

#### **MEDMATCH Optimization & target upstream solutions**

- **Optimize matching process**, including creating indemnity forms to protect the interests of Prime-MEDMATCH members, donors and donees
- Secure storage location for donated medications

04

- Improve patients and caregiver's health literacy towards medication management (being aware of balance at home and not hoarding) through outreach
- Work with prescribers to tackle upstream issues to reduce overprescribing, deprescribing.

#### **Project Proposal Write up**

**Establish SOP** for medication donation and reuse among TTSH home team patients

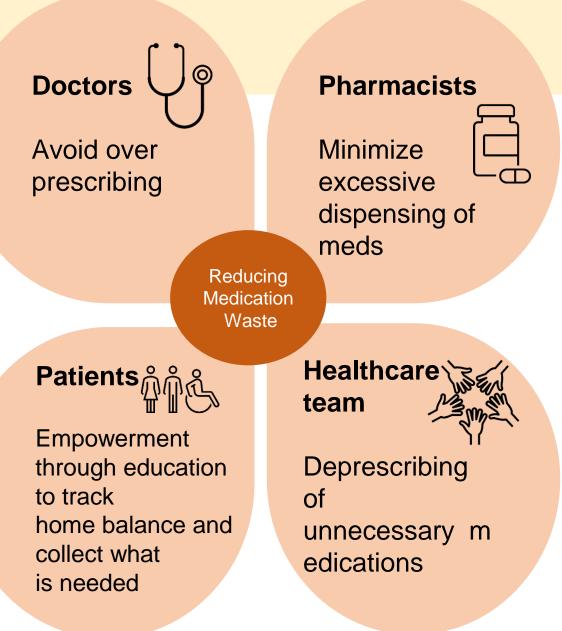
### Scaling up (Phase 3)

### Addressing upstream issues

<ol> <li>Please fill in this form if you have remain medication.</li> <li>It is preferred that the form is filled a pharmacy.</li> </ol>	the Form: Remaining Supply of unexpired medications at after the last dose of medication, right the pharmacy staff when you obtain your us at 6357 2040.	t before the next visit to
4. If you have any enquines please contact		
<ol> <li>If you have any enquiries piease contact</li> <li>Patient's Name / NRIC :</li> </ol>		
4. If you have any enquines please contact		0 otin
4. If you have any enquiries picase contact Patient's Name / NRIC : Form Written By :		Quantity (no. of capsules, tablet
If you have any enquiries please contact Patient's Name / NRIC : Form Written By : Current Medications at Home	Strength of Medication	Quantity (no. of capsules, tablet
If you have any enquiries please contact Patient's Name / NRIC : Form Written By : Current Medications at Home	Strength of Medication	Quantity (no. of capsules, tablet

To minimise medication wastage upstream, we propose tools such as **balance supply forms** (refer to picture):

- Patients can be empowered to track their home supply of their medications and collect sufficient till next doctor's appointment
- Doctors and pharmacists can also use the form to avoid prescribing and dispensing excess quantities of medications

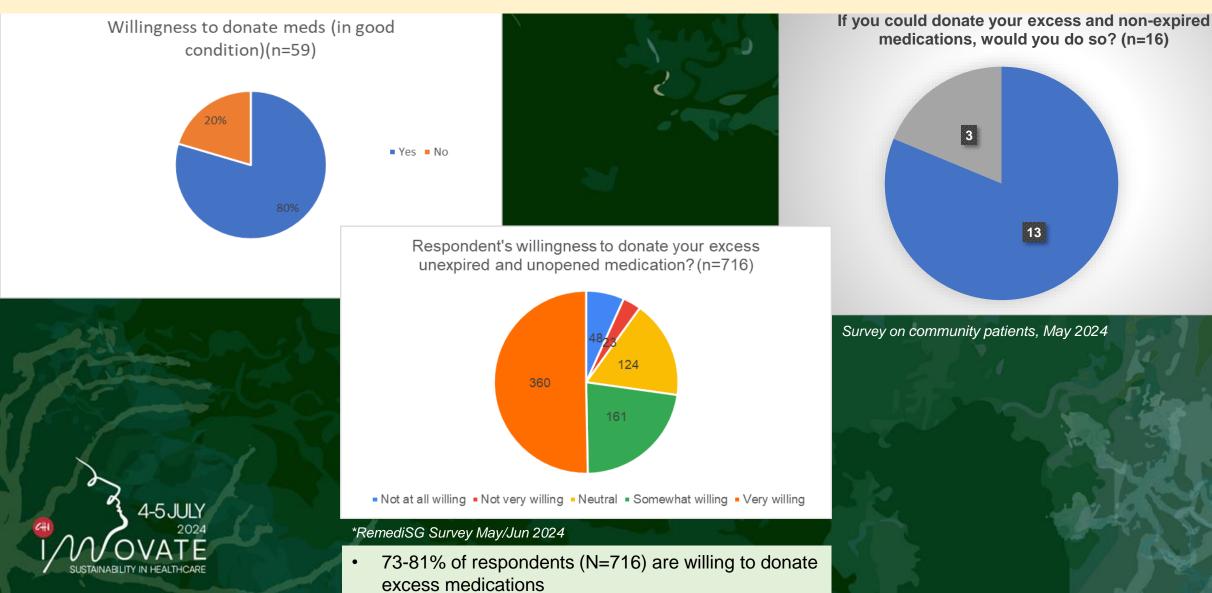


### (ANNEX)PRIME\_MEDMATCH

	Problem Statement	Unused medications are a major source of wastage in healthcare systems!				
(PRIME)	Why?	Huge problem of unused and reusable medications in Singapore! No avenues to reuse medications 80% of participants were willing to donate their unused medicine in good conditions.				
How?         MedMatch         What?         Ongevity of Solution <ul> <li>Run MedMatch service in Singapore, staffed by Pharmacist of Charge nominal fee for matching, storage and transport to Expand to high-cost medications (e.g. oncology/ transplant)</li> </ul>		collection and distribution of donated medications to ensure the legality of re-dispensing       Carry out a pilot to match donated unused medications to suitable recipients         Contralise collection and redistribution sites       Carry out a pilot to match donated unused medications to suitable recipients				
		<ul> <li>Run MedMatch service in Singapore, staffed by Pharmacists and Pharmacy support staff enabled by Digital Platform</li> <li>Charge nominal fee for matching, storage and transport to recipients</li> <li>Expand to high-cost medications (e.g. oncology/ transplant medications)</li> <li>Obtain endorsement to legalize the safe reuse of donated medications – critical for health professional buy-in</li> </ul>				
Project to Re	KEY ENABLERS	Digital Platform for MedMatch Medications Drug Inventory & Labelling System Regulatory body endorsement				

# Survey results (Public perception)

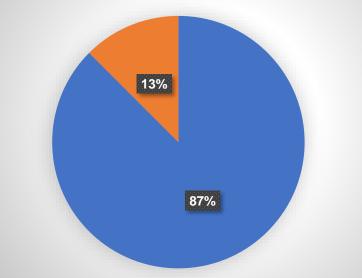
### Willingness to donate unused medications



■ Yes ■ No

# Survey results (Public perception) Willingness to use unused medications

Willingness to receive donated medications that are not expired and in good condition (n=16)



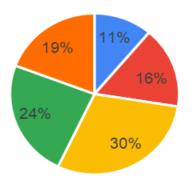
Survey on community patients, May 2024



 Majority are willing to receive donated meds in good condition, more so if medications are costly (>\$2k/mth)

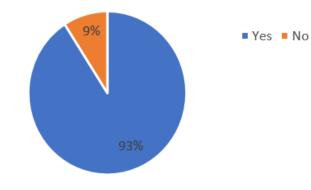


How concerned would you be if a licensed healthcare provider dispenses donated medication, which they have verified to be safe and of good quality, to you or your family members? (n=716)



- Not at all concerned
- Not concerned
- Neutral
- Somewhat concerned
- Extremely concerned

Willing to use donated meds (in good condition) if cost of medication is >\$2K per month? (n=54)





Patient 1: "Can reduce waste and cost, why not?"

\*RemediSG Survey May/Jun 2024



### **Concerns of medication stability/efficacy**

HSA Guidelines on assaying medication stability

ii.	Stability stu	dies should genera	lly be conducted	under the following	storage condition:
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STUDY/TYPE OF CONTAINER	STORAGE CONDITION
Long term (for products in primary containers semi-permeable to water vapour)	30°C ± 2°C/75% RH ± 5% RH
Long term (for products in primary containers impermeable to water vapour)	$30^{\circ}C \pm 2^{\circ}C$ /RH not specified
Accelerated	40°C ± 2°C/75% RH ± 5% RH
Stress testing*	$40^{\circ}C \pm 2^{\circ}C/75\%$ RH $\pm 5\%$ RH or at more stressful conditions

potential degradants during stability testing.

\*Section 4.7, ASEAN Guideline on Stability study for drug product Revision 2, 2018

#### 4.7.8. Generic Products

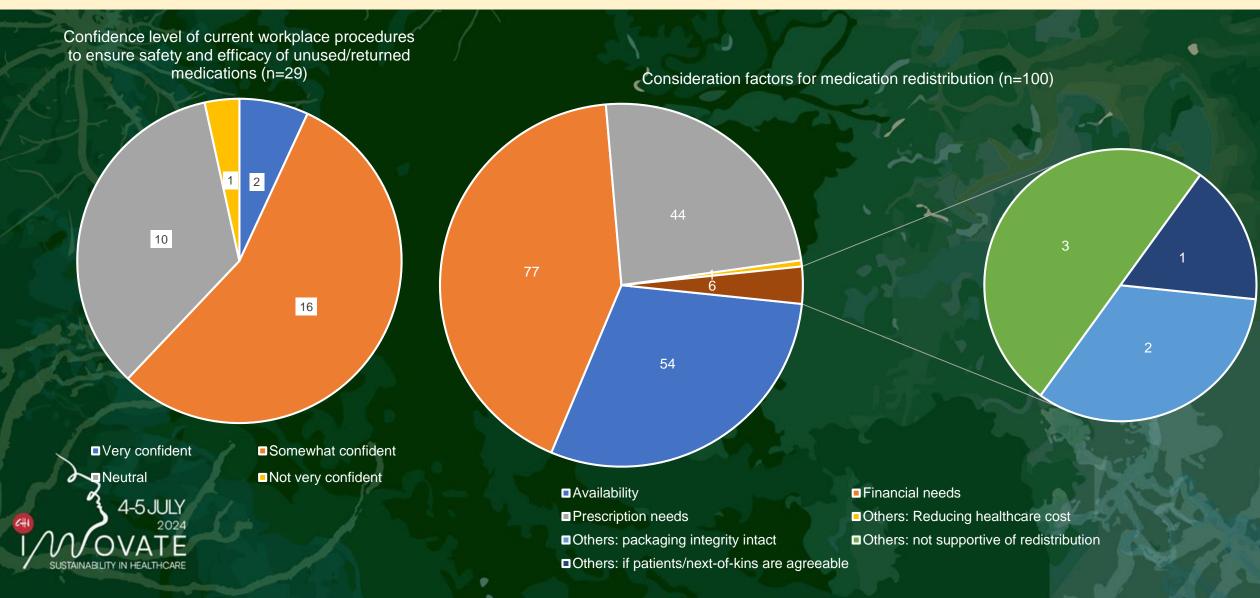
Study	Storage Condition	Minimum Time Period Covered by Data at Submission	Number of Batches	
Long term	$\begin{array}{l} \text{g term} \\ \pm 5\% \text{ RH} \end{array} \begin{array}{c} 30^{\circ}\text{C} \pm 2^{\circ}\text{C}/75\% \text{ RH} \\ \pm 5\% \text{ RH} \end{array} \begin{array}{c} \text{6 months} \\ \end{array}$		Min. 2 For conventional dosage form and stable drug substances	
		12 months	Min.3 For critical dosage form or unstable drug substances	
Accelerated	40°C ± 2°C/75% RH ± 5% RH	6 months	Min. 2 For conventional dosage form and stable drug substances Min.3	
			For critical dosage form or unstable drug substances	



• HSA mandates testing of drugs to the following conditions as stated above (up to 40+/- 2 degrees Celsius) for 6 months prior drug registration (for supply) in Singapore

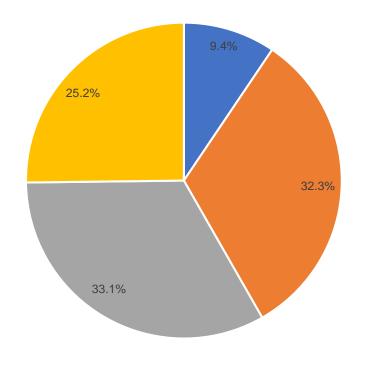


### Survey results (Healthcare professionals' perception)

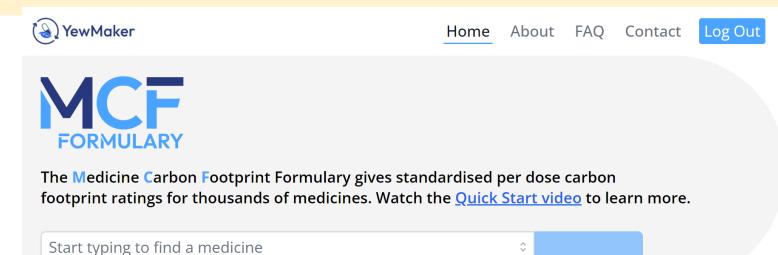


# Carbon Footprint Ratings via MCF formulary as carbon footprint of all medications are not readily available

Carbon Footprint Classification of Donated Medications



High Low Medium Not available



MCF Formulary is designed to provide an accessible, user-friendly interface to explore the per dose carbon footprints of thousands of medicines, categorised into one of four MCF Ratings - LOW, MEDIUM, HIGH, and VERY HIGH.

#### **Creators and Contributors**

MCF Classifier and Formulary were co-created by physician-scientist Nazneen Rahman and data scientist Haroon Taylor, from YewMaker, supported by diverse contributors, collaborators, advisors, and funders.

#### https://formulary.yewmaker.com/

SIT carbon footprint calculator--- no information available for individual drugs at the moment 27